

Village of Long Creek

Neighborhood Newsletter

Spring
2020

Volume 10, Number 1

The COVID - 19 Newsletter

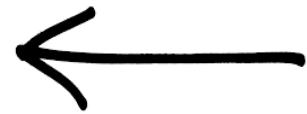
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Instead of talking
about this...



...We're talking
about this!



There's not much doing in the Village of Long Creek -
no recent events, no family gatherings.

Thank goodness for the *At Home* interview with Ruth and Bob
conducted weeks ago and for photos taken before the
stay-at-home order. Enjoy them! Best to all!

VOLC BOARD OF DIRECTORS

May 2019 - May 2020

President, Len Krygowski

Vice-President, Eric Dean

Vice-President , Carolyn Aresu

Treasurer, Ray Krout

Corresponding Secretary, Mike Ostroski

Recording Secretary, Ray Whiteoak

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Patti Abernethy, At-Large

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Steve Brubaker

Don Doto

Lois Inglsa

Christine Killian

Mim Krout

Linda Trach

Tom Skelly, ex-officio

Beatification Subcommittee

Mim Krout, Chair

Susan Brubaker

Don Doto

Christine Killian

Ruth Leaming

Linda Trach

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Ray Whiteoak, Board Liaison

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Carolyn Aresu

Steve Brubaker

Eric Dean

Sharon Dickol

Barb Doto

Mary Legreid

Mary Ohara

Mike Ostroski, Board Liaison

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Mary Legreid, Co-chair

Wanda Search, Co-chair

Mary Ohara, Treasurer

Cheryl Werner, Librarian

Cheryl Ford, Activities

Nancy Halbedl, Activities

Christine Killian, Activities

JoanMarie Powers, Activities

Janet Sanders, Activities

Jean Skelly, Activities

Loretta Fitch, Board Liaison

Garden Club Sub-Committee

Don Doto - Coordinator

Gene and Loretta Fitch

Ruth Leaming

Special Events Sub-Committee

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Mary Legreid

Wanda Search

Maria Tricarico

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Barb Doto, Chair

Susan Brubaker

Loretta Fitch

Martyanne Grabusky

Odette Haight

Ruth Leaming

Cindy Lewis

Sharon Mutschler

JoanMarie Powers

Tom Skelly

Patti Abernethy, Liaison

Architectural Review Committee

Tom Skelly, Chair

Odette Haight

Mary Legreid

Nancy Weldon

Carolyn Aresu, Board Liaison



All contact information can be found on the community website at:

<http://www.myvolc.org>

*Committees and individual residents are asked to contact Mary Legreid to schedule the clubhouse
for meetings or other activities:*

302-834-2378 or mrlegried@gmail.com

This publication is written by and for the residents of the Village of Long Creek.

Contact Cheryl Werner with corrections or comments.

302-834-1473 or cherylwerner@verizon.net

VOLC – GRASS CLASS March 2020

READ & RETAIN FOR FUTURE REFERENCE

The following information describes the VOLC Lawn Care Program for the 2020 season. BrightView (BV) is providing these services again this year. Grass Class may be updated during the year.

Services for lots are listed here. A sign should be posted at the entrance for pruning/trimming & treatments.

Mowing	Weekly (with exceptions for heat, rain)	25x /year (5 additional, as needed)
Edging walkway/sidewalk	Twice Monthly	12 +/- per year
Weeding of Builder Beds	Twice Monthly	12+/- per year
Treatments - Fertilizer and/or weed control Grub control	Seasonal Part one summer application	5x / year 1x / year
Spring Cleanup & Mulching	March	1x / year
Prune/Trim Flowering & Evergreen Shrubs & Flowering Trees at proper time	Summer/Late November	2x / year

Red flags talk to our workers. Red/Orange/Pink flags are all Red at VOLC and are in a bucket in the Club House exercise room. If the bucket needs flags leave a message or text on 302-598-4891.

Residents may choose to decline services for given events as follows:

If you DO NOT WANT a SPECIFIC AREA MOWED (wet or other reason), place multiple RED flags around this area.

If you DO NOT WANT your LAWN MOWED in a given week, place multiple (4+) RED flags along both side boundaries of your property the day of service. Flags should visible from both front and rear of your property. This shows BrightView workers where your lot side lines are.

If you DO NOT WANT your LAWN FERTILIZED/TREATED for a specific application, place multiple (4+) RED flags, visible from front and rear, along both side boundaries of your property on the day of service.

If you DO NOT WANT the PLANTS/SHRUBS TRIMMED/PRUNED or CLEANED/MULCHED in a given builder bed, place multiple (4+) RED flags in the mulched area throughout each beds on the day of service.

In addition, ALL PERSONAL (HOMEOWNER) BEDS SHALL BE FLAGGED TO DECLINE THESE SERVICES.

Damage needing repair from BV services should be reported in writing (with pictures) within 24 hours to IPS.

Complaints about specific lawn care for your lot or common areas should be addressed in writing (with pictures) to IPS.

IPS Contact information for damage and complaints is: IPS phone 302-994-3907, ext #2 or info@ipsde.com.

Additional Information:

Prior to any lawn treatment or pruning/trimming, a sign should be posted at the VOLC entrance a day or so before. You should also receive email notification.

For all lawn mowing, residents are reminded that nothing is permitted on the lot grass areas except splash blocks at the bottom of down spouts. This means that you remove flexible downspout extensions on the day of service

The normal mow day of week is TO BE DETERMINED. Residents are reminded to NOT WATER their lawns the day before and the day of the lawn mowing. You will be notified if the normal mow day of the week and any changes.

VOLC Grass Team (G Team) - Contact information - for questions about our lawn & open space contract etc.

VOLC Board - Liaison for Grounds

Eric Dean (#47) 302-585-6003 (c) delawaredeans@gmail.com

VOLC Board Chair - County Liaison - Volunteer for Basins & Storm Water Management

Patti Abernethy (#31) 302-415-9403 (c) pabernethy@verizon.net

Volunteer - Grass, Backup for Open Space and Basins

Steve Brubaker (#32) 302-598-4891 (c) volc.rocks@gmail.com

Volunteer - Open Space, Backup for Grass and Basins

Bob Leaming (#93) -678-1169 (c) bleam@aol.com



From the Committees

Board Elections - Remember to **Vote**

The 2020 Nominating Committee, headed by Loretta Dougherty and Steve Brubaker, and including Tom Skelly, Grace Hobson and Mike Ostroski (Board Liaison) are working to put forward a slate of candidates for the VOLC MC Executive Board. Those elected will serve from May 2020 to May 2021.

Ballots will be delivered to mailboxes in May with complete instructions. Remember to VOTE!

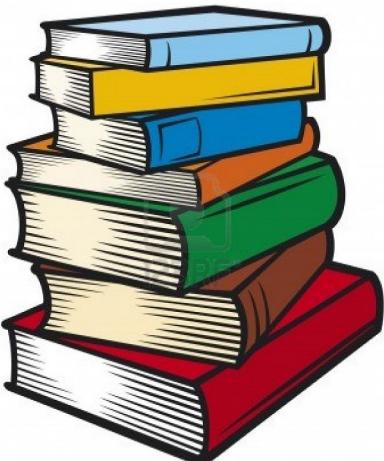
Clubhouse/Communications

During this difficult and unpredictable time, community events may be cancelled even further. Information will be sent via email and also added to the Announcements page on the community website.

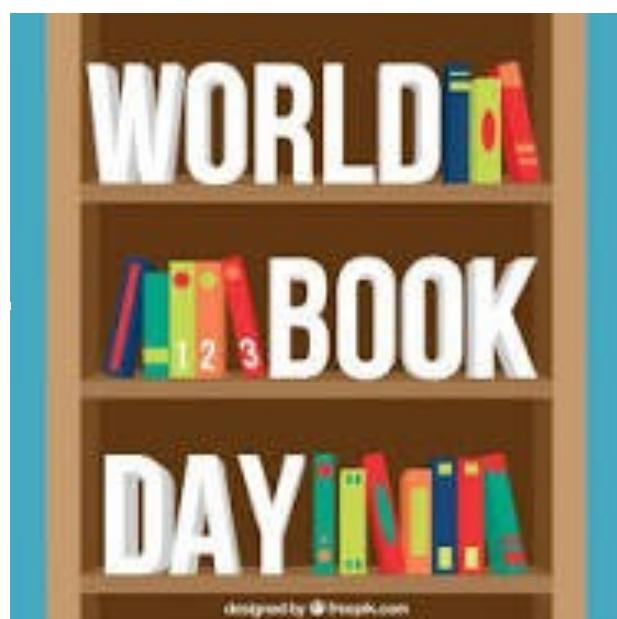
<https://www.myvolc.org>

Log onto the Residents section by using our password. (Forgot the password? Ask any Communications Committee member - they're listed on page 2.)

Click on Announcements.



Our new
favorite →
holiday!
April 23



Families and Friends - Before Social Distancing...



Left - Jim and JoanMarie Powers' newly-married grandson, Dillon, and his bride, SiSi.

At center - JoanMarie got her share of beads at the start of Mardi Gras in New Orleans in February. At right, she's shown with her granddaughter, Valerie, who lives in that city.



Above left - Steve Brubaker titled his pic, "Fire over the VOLC."

Above right - Sue Bifano's grandson, Paxton, poses with his "Sheepy" while visiting our Pax.

At left - Nancy Weldin sends greetings from Naples, Florida.

What's the hardest part of being home during the pandemic isolation?



Cathy Brindle -
"Boredom!"



Kay Bennet - "Cooking!"
(Smiling picture taken before the cooking
phase began!!!)



Mary Legreid - "Weird dreams!"



Ron Dreibelbis - "No sports!"



JoanMarie Powers -
"I would have to say, not being able to go see
Jim."



Susan Brubaker-

"Love being in our VOLC cocoon but miss our Church family."





Joan Dreibelbis -

"Not being able to socialize with friends."



Odette Haight -

"Not being able to travel. I was scheduled for a trip to Egypt on March 26. Oh well! The pyramids will be there next year!"



Nancy Halbedl -

"Not being able to get together with your children or grandchildren.

Easter is arriving in 3 weeks and there will be no family gathering or Easter egg hunt."



Jean Pokropski -

"I just want to eat constantly!"



Loretta Dougherty -

"Not being able to hug and kiss my 3 year old granddaughter Charlotte. We still connect daily with Amazon Echo."



Jean Skelly -

"Boredom! You can only read so much, clean so much, sleep so much, stare at a 1000 piece puzzle for so long!"



Cindy Lewis -

"Not being with my family and friends."



CORONAVIRUS (COVID-19)

www.de.gov/coronavirus



DELAWARE HEALTH
AND SOCIAL SERVICES
Division of Public Health

PROTECT YOURSELF & OTHERS

WASH YOUR HANDS FREQUENTLY

Be sure to wash the backs of your hands and under your nails. Or use alcohol-based hand sanitizer.



DO NOT TOUCH YOUR FACE

Do not touch your face, eyes, nose, or mouth with unwashed hands.



CLEAN SURFACES REGULARLY

Clean commonly used surfaces such as computers, desktops, countertops, cabinets, handles, and more.



COUGH OR SNEEZE INTO YOUR ELBOW

Do not sneeze into your hand. If you use tissue, dispose of it right away.

STAY HOME WHEN YOU ARE SICK

Be safe. If you feel sick, stay home.



PREVENT THE FLU, GET VACCINATED

Be sure to receive your flu vaccine as soon as possible.



IF YOU ARE HEALTHY,
THE CDC DOES NOT RECOMMEND
BUYING OR USING FACE MASKS



You should only wear a mask if a health care provider tells you to do so.

Questions? Contact us.

1-866-408-1899 or dphcall@delaware.gov



Beware Of Stimulus Check Scams And Related Hoaxes

From Forbes Online, March 28, 2020



- ◆ Ugh. The ink is barely dry on the "Coronavirus Aid, Relief, and Economic Security Act" or the ["CARES Act"](#) - and scammers are already coming up with schemes to defraud taxpayers. Specifically, identity thieves are using confusion over the [stimulus checks](#) to convince potential victims to turn over personally-identifying information.
- ◆ The [Better Business Bureau](#) is already reporting that government imposters are calling about COVID-19 relief. As part of the scam, callers suggest that you might qualify for a special COVID-19 government grant and that it's necessary to first verify your identity and process your request. Variations on the scheme involve contacts through text messages, social media posts, and messages.
- ◆ Other twists on the scam suggest that you can get more money from the government - or get your stimulus check faster - if you share personal details and pay a small "processing fee." Don't take the bait. Stimulus checks are free money from the government. You don't need to spend money to receive your check. And there are no short-cuts - even for a fee.
- ◆ The Internal Revenue Service (IRS) will deposit your check into the direct deposit account you previously provided on your tax return (or, in the alternative, send you a paper check). The IRS will not call and ask you to verify your payment details. Do not give out your bank account, debit account, or PayPal account information - even if someone claims it's necessary to get your stimulus check. It's a scam.
- ◆ If you receive a call, [don't engage with scammers or thieves](#), even if you want to tell them that you know it's a scam, or you think that you can beat them. Just hang up. If you receive texts or emails claiming that you can get your money faster by sending personal information or clicking on links, delete them. Don't click on any links in those emails.
- ◆ Reports are also swirling about bogus checks. If you receive a "stimulus check" in the mail now, it's a fraud - it will take the Treasury a few weeks to mail those out. If you receive a "stimulus check" for an odd amount (especially one with cents), or a check that requires that you verify the check online or by calling a number, it's a fraud.
- ◆ If you've spotted a scam, you can report it to [BBB.org/ScamTracker](#). Your report can help others avoid falling victim to scams.

◊ (Stimulus check Hoax cont.) ◊

- The Federal Communications Commission (FCC) is also receiving reports of potential scams, [warning on its website](#):

Many consumers will receive checks as part of the federal government response to the coronavirus. No one will call or text you to verify your personal information or bank account details in order to "release" the funds. The Treasury Department expects most people to receive their payments within three weeks, via direct-deposit information the department has on file from prior tax filings.

- The FCC also warns that "Small businesses are also getting scam calls about virus-related [funding or loans](#) and [online listing verification](#)."

- ❖ Don't buy the lies. Be cautious if you're being pressured to share any information or make a payment. The FCC also advises: **If you think you've been a victim of a coronavirus scam, contact law enforcement immediately.**

- ❖ When it comes to the IRS and taxes, remember that the IRS will never:

- Call to demand immediate payment over the phone, nor will the agency call about taxes owed without first having mailed you a bill.
 - Threaten to immediately bring in local police or other law-enforcement groups to have you arrested.
 - Demand that you pay taxes without allowing you to question or appeal the amount they say you owe.
 - Require you to use a specific payment method for your taxes, such as a prepaid debit card, gift card, or wire transfer.
 - Ask for credit or debit card numbers over the phone.

When in doubt, assume it's a scam. You can find more [tips on protecting yourself from identity-theft-related tax fraud](#) here.

- ❖ Again, you don't have to do anything (other than perhaps file a previously unfiled tax return) to qualify for your stimulus check. There's no need to sign up or call the IRS: you can find more information - when the IRS makes it available - at www.irs.gov/coronavirus. We're already in the midst of a crisis: don't become an additional victim.

Replacing Smoke Detector

At Home

With Ruth and Bob Leaming

Pitching in...

Road trip! That's the method Ruth and Bob Leaming (pronounced LEMMING) used to search out options when planning their move from Rochester NY to a retirement home in DE. They started by touring communities in Bethany Beach where they'd vacationed several times and thought might be a good place to retire. However, the reality of summer traffic, the need for a nearby airport, and the desire to be able to get to their children in just one day brought them a little farther north. When their realtor brought them to an upgraded two year old home in the VOLC, they bought it within twenty four hours and never looked back!



Ruth and Bob at home with Boo...

After thirty six years, Bob recently retired from Xerox. Ruth had retired several years back from her job as an ambulatory technician at the University of Rochester Hospital. Retirement has allowed them both more time to pursue their passion for service. Ruth volunteers at the ACE (Acute Care for the Elderly) unit at Christiana Care's Wilmington Hospital. Being a seamstress, she has developed a program for doll-making for the Alzheimer's patients and has successfully recruited other VOLC residents to help with the project. She was recently asked to present her program at Bayberry in Middletown and helped that community get their doll-making program started.

Ever ready to help, Ruth has taken on a new sewing project for a women's drug rehab facility in nearby Elkton and would welcome any VOLC volunteers. After assessing the facility's needs, she is designing and sewing quilts. And because there are often children with the women, Ruth has taken to making fun kiddy pillow cases.

At left - Ruth in her loft sewing room



(At Home cont.)

Most of Ruth's quilts go to charities, but some stay home. They are among the first thing you notice - beautiful hand-made, multi-colored quilts that dress the furniture, each one created with love. The second eye-catcher is the art that adorns the walls. Each piece has a story, including the two sketches of sailing ships by the same artist - bought by coincidence in two different states - and loved by Bob. Ruth points to the beautiful print of Jackson Hole, Wyoming, one of their favorite vacation spots. Their VOLC home reflects their blended styles as neatly as their families do. Both have two children and grandchildren, whom they make sure to visit as often as possible.

Bob likes to help out wherever needed, and he is relishing the idea of being able to spend more time doing that. In the VOLC, he has volunteered with the Grounds Committee, helped the Communications Committee with a meeting sign and invitation, and the Activities Committee with his efforts to make use of the clubhouse patio - even buying and cooking the food! Together, he and Ruth held a successful food drive that they hope to make an annual event. Bob reads, plays tennis and golf, and has looked into volunteering with county parks. He looks forward to extended family barbecues on the expansive rear deck and patio that was a big selling point of the house and that he's quickly made his own. Fourteen year-old Boo, their beloved rescue dog, is his constant companion, and there are also two cats in the family. Long before retirement, while they lived on Long Island, these two animal lovers were part of a Yorkie Rescue Mission.

Other interests for both include cooking - but never at the same time! Ruth favors down-home comfort foods, and even cans jams and jellies. Bob likes to experiment with new foods and recipes. They also share a love of travel and have vacationed in Europe, Mexico, Hawaii, Puerto Rico, Canada and The States. Bob, the planner, enjoys knowing that, in their new stage of life, trips will no longer have to accommodate a work schedule. He figures that freedom and the opportunities now afforded them will take a different mindset, a challenge he's happy to meet.

When asked about any scary incidents in their lives, the couple related the terror of their 9-1-1 experience. Ruth was at work in Long Island, where they lived at the time, and she experienced the tragedy in the traumatized NY area. Bob was on a business trip in Tucson AZ. With air traffic suspended, he drove home in three days, both he and Ruth grateful to be alive and together.

You have likely seen Ruth and Bob around the community - at social events, meetings, or out walking and chatting with neighbors. The sign in Bob's office reads, " 'And I think to myself - what a wonderful world.' - Louis Armstrong" They are ready and willing to help make this small part of the world an even more wonderful place to live! "Oh yah!"



Bob and Boo in Bob's first floor office

around the



January's birthday honorees were from left - JoanMarie Powers, Sharon Mutschler, Lois Ingisa, and John Dean.

Before they left, folks attending the Happy Hour helped to dismantle the Christmas decorations - including the Christmas tree. They boxed everything up, and even made the trip next door where the boxes will be stored at Mary Ohara's house until next year.

It does indeed take a village to make light work of big tasks!



Many hands
made light work!



(Clubhouse cont.)



The Chili Cook-off

How to stay warm in the (usually) cold month of January? Why - with a bowl of red-hot chili, of course!

Residents did just that at what has become an annual event - The VOLC Chili Cook-off. And, in what has become another annual tradition, Mary Ohara, the Activities Committee Treasurer and author of original prizes, outdid herself with laugh-inducing prizes awarded to each entry. Suffice it to say that the prizes might best be used in the privacy of one's own home!

Above left - Mary awards Bob Dickol with the prize for the overall winning chili.

At right - Joan Dreibelbis reads the details on her prize along with Bob Leaming.



The clubhouse was a great place to watch the Super Bowl with neighbors.

At right - Barbara Medio's and Ray Krout's February birthday were celebrated at the event. They even joined in the serenade.



Upcoming Birthdays

We'll have to have a BIG party when this is over!

For now, a virtual Happy Birthday will have to do...



May

Becky Noetzel	2nd
Brenda Durrett	7th
Jean Skelly	14th
Richard Cutone	24th
Bill McNamee	25th
Don Doto	29th

April

Joan Holstein	5th
Bob Leaming	6th
Patti Abernethy	7th
Ray Search	9th
Marilyn Abrams	9th
Pam Smith	9th
Carolyn Aresu	10th
Mary Legreid	10th
Linda Trach	15th
Paul Wellborn	17th
Don Hobson	18th
Sonja Lemanski	18th
MT Lednum	24th
Barb Lawrence	27th
Stephen Rapp	29th



June

Marion Bowman	2nd
Norm Petterson	7th
Greta Ostroski	14th
Bernard Aresu	15th
Judy Anderson	21st
Cheryl Dean	23rd
Joe Doto	23rd
Paula Kendrick	25th
Sue Bifano	25th
Sharon Dickol	28th



Every day at 4 PM



Neighborhood Wave



Recipe Corner: Banana Bread

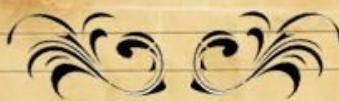
This recipe for banana bread has appeared in every edition of the Betty Crocker Cookbook that's ever been printed.

1 1/4 cups sugar
 1/2 cup butter, softened
 2 eggs
 1 1/2 cups mashed very ripe bananas (3 to 4 medium)
 1/2 cup buttermilk *
 1 teaspoon vanilla
 2 1/2 cups Gold Medal™ all-purpose flour
 1 teaspoon baking soda
 1 teaspoon salt
 1 cup chopped nuts, if desired

- Move oven rack to low position so that tops of pans will be in center of oven. Heat oven to 350°F. Grease bottoms only of 2 loaf pans, 8 1/2x4 1/2x2 1/2 inches, or 1 loaf pan, 9x5x3 inches.
- Mix sugar and butter in large bowl. Stir in eggs until well blended. Add bananas, buttermilk and vanilla. Beat until smooth. Stir in flour, baking soda and salt just until moistened. Stir in nuts. Pour into pans.

Bake 8-inch loaves about 1 hour, 9-inch loaf about 1 1/4 hours, or until toothpick inserted in center comes out clean. Cool 10 minutes. Loosen sides of loaves from pans; remove from pans and place top side up on wire rack. Cool completely, about 2 hours, before slicing. Wrap tightly and store at room temperature up to 4 days, or refrigerate up to 10 days.

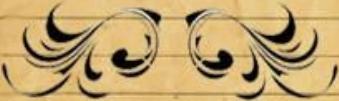
*No buttermilk on hand? Make your own "clabbered" or sour milk: stir in 1 1/2 teaspoons lemon juice or cider vinegar into 1/2 cup milk.



A woman without her man is nothing

A woman: Without her, man is nothing.

Punctuation is powerful!



Punctuation is powerful!

**"PRIVATE.
NO VISITORS ALLOWED."**

**"PRIVATE?
NO! VISITORS ALLOWED."**



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The Senior List

<https://www.theseniorlist.com/senior-discounts/>

Many other discounts listed - travel, prescription etc.

Updated February 28, 2020

Senior Discounts for Restaurant Dining

Applebee's Senior Discount: 10-15% off (varies by location) MAY require Golden Apple Card (60+) verified

Arby's Senior Discount: 10% off - Also reports of a free drink (55+) varies by location

A&W Senior Discount All American Food: 10% Senior discount varies by location verified

Backyard Burger: Free drink with purchase

Ben & Jerry's: 10% off for seniors (60+) varies by location verified

Bennigan's Senior Discount: Discount varies by location (60+)

Bob's Big Boy: Discount varies by location (60+)

Bonefish Grill Senior Discount: AARP members 10% off verified

Boston Market Senior Discounts: Discount varies by location (65+)

Burger King Senior Discount: 10% off (60+) plus additional discounts on coffee and soft drinks

Bubba Gump Shrimp Company: 10% off for AARP Members, 10% military discount verified

Captain D's Seafood: "Happy Wednesday Offer" Choice of 8 meals + drink for \$4.99 or less- varies by loc. (62+) verified

Carrabba's Italian Grill: 10% off entire meal for AARP Members- not valid at Kirby and Woodway locations in Houston, TX verified

Carrows Restaurants: Golden 55 Menu: Offers discounted breakfast, lunch & dinner (55+) verified

Chart House: 10% off for AARP members only verified

Chick-fil-A Senior Discounts: Chick-fil-A offers a free refillable senior drink, not including coffee. - Varies by location.

Chili's Restaurant Senior Discounts: Chili's offers a 10% senior discount (55+)

CiCi's Pizza: From their website "Many of our stores do offer (senior) discounts" varies by location

Claim Jumper: 10% off for AARP members verified

Corky's Homestyle Kitchen & Bakery: Offers special senior menu AND a Senior's Frequent Diner Card (buy 9 get 1 free) (55+) verified

Country Kitchen: Great Senior Menu (55+) verified

Culvers Corner: 10% off senior discount (60+)

Dairy Queen: 10% off for seniors (15% for coaches) varies by location (free small drink at some locations)

Denny's: Senior discount varies by location, 15% off for AARP members verified



Dunkin' Donuts Senior Discount: AARP members receive a free donut with the purchase of a large or XL beverage (at participating restaurants) [verified](#)

Einstein's Bagels: 10% off (60+)

El Pollo Loco: 10% senior discount (60+), 15% military discount [verified](#)

Fazoli's: Join "Club 62" for special senior menu items (62+) [verified](#)

Friendly's Restaurants: 10% off meal w/ free coffee at breakfast or free small sundae during non-breakfast hours [verified](#)

Fuddrucker's Senior Discounts: 10% off any senior platter (55+)

Gatti's Pizza: 10% off (60+)

Golden Corral: Senior discount varies by location [verified](#)

Hardee's: \$0.33 beverages every day -also reports of 10% off (52+)

IHOP: Great discounts on senior menu items (55+) [verified](#)

Jack in the Box: up to 20% off (55+)

KFC: Free small drink with any meal (55+)

Krispy Kreme Senior Discount: 10% off (50+) (age and discount varies depending on location). Free donut with the purchase of coffee [verified](#) [view details](#)

Landry's Seafood Senior Discounts: 10% off for AARP members (50+) [verified](#)

Long John Silver's: Various discounts at locations (55+)

McCormick & Schmick's: 10% savings on food and beverages (excluding alcohol) for AARP members (50+) [verified](#)

McDonald's: Discounts on coffee everyday (55+)

Mrs. Fields: 10% off at participating locations (60+)

The Oceanaire Seafood Room: AARP members receive 10% off of food and non-alcoholic beverages (every day). [verified](#)

Outback Steakhouse Discounts: 10% off AARP members for meals (alcohol excluded)

Old Country Buffet: Daily discounts for seniors (55+) [verified](#)

Papa John's Senior Discount: Papa John's says to check with your local stores (meaning no standard senior discount policy). Try coupon codes GET40 or 25OFF. AMAC members receive 25% off, enter code "25SAVE" [verified](#)

Perkins Senior Discount: [Fifty-Five Plus menu](#) Offers special deals (55+) [verified](#)

Pollo Tropical: 10% off (50+)

Ponderosa Steak Houses: Senior Discounts Vary- Senior menu available (60+)

Rainforest Cafe: 10% off for AARP members (50+) [verified](#)

Taco Bell: 5% off; free beverages for seniors (65+)

TCBY: 10% off (55+)

Tea Room Cafe: 10% off for seniors (50+)

The Old Spaghetti Factory: Spaghetti Factory "[Senior Menu](#)" offers a discounted list of menu items [verified](#)

Traditions Restaurant (East TX): Senior platter meal for \$4.71 (50+) [verified](#)

Uno Pizzaria & Grill: "Double Nickel Club" 25% off on Wednesday (55+) [verified](#)

Village Inn: 10% off (60+)

Waffle House Senior Discounts: 10% off every Monday (60+)

Wendy's Senior Discount: Senior age and the special offer will vary depending on the restaurant location. Please ask the restaurant for details. [verified](#)

Whataburger: Free drink w/ purchase of a meal- varies by loc. (55+)

White Castle: 10% off (62+)



Delaware



Arts & Literature

1. What widely circulated local magazine includes general information articles and covers the state's social scene?
2. Who is depicted on the back of the Delaware quarter?
3. What landscape artist was born of a prominent family in Brandywine Village?
4. Where in Delaware is the world's largest collection of American decorative arts?
5. Which Delaware illustrator and author, primarily of books for young people, founded his own school of art and illustration, turning out many prominent artist-illustrators?
6. Which famous author was working on the novel, *Tender Is the Night*, while living in Delaware?
7. What is the Delaware state motto?
8. What is the term for the turn-of-the-century art tradition characterized by painters from the Wilmington area?
9. Which Delaware lighthouse was decommissioned in 1978 and then relit several years later due to a public campaign to save it?
10. Which Delaware museum/library includes the first du Pont family home and garden in the United States, the powder yards, and a 19th-century machine shop?
11. What is the name of the "artsy" single-tax village in northern Delaware, which began as a summer community and is listed on the National register of Historic Places?
12. At which Delaware school was *Dead Poets' Society* filmed?
13. What is Delaware's official state dessert?



1. Delaware Today
2. Caesar Rodney on horseback
3. Henry L. Tattnall
4. Winterthur
5. Howard Pyle
6. Scott Fitzgerald
7. Liberty and Independence
8. Brandywine School
9. Fenwick Island Lighthouse
10. Hagley Museum
11. Arden
12. St. Andrews in Middletown
13. Peach pie

Free At-Home exercise classes

From House Beautiful Lifestyle

The Y's closed, along with fitness centers. And while it's great to walk in the good weather, you might want something more. Here are some free resources for working out at home during the pandemic isolation.

Orangetheory Fitness

Orangetheory is making their home workouts a little more interesting. With their studios closed, the brand is uploading 30-minute HIIT workouts to their [website](#)—but with a twist. While you don't need any special fitness equipment, Orangetheory trainers are asking you to get creative by incorporating household items into the workout.

305 Fitness

Get your dance on with 305 Fitness' twice daily dance party-classes. Every day at 12 p.m. ET and 6 p.m. ET on their [YouTube channel](#), you can dance along with founder Sadie Kurzban during a 45-minute class.



CorePower Yoga

Get in a morning meditation session or relax with an afternoon flow with [CorePower Yoga On Demand](#). Both members and non-members can choose from a variety of yoga and meditation classes on their website, all of which are usually only open to members. Classes range from one to sixty minutes in length. One week free.

Planet Fitness

This no-judgment gym chain is taking their workouts to [Facebook Live](#). Every day at 7 p.m. ET, the company is offering a live 30-minute workout with a Planet Fitness trainer. (From Cheryl - I was able to access these videos and I'm not on Facebook.)

P.Volve

P.Volve really wants you to get your fitness in. In addition to offering 30 days of free streaming services of [fitness classes](#) to all new members using the code OnePvolve, they're also posting a daily live toning and strengthening workout to their [Instagram](#). (I was even able to view the previews without subscribing.)

Peloton

A cult-favorite, Peloton is extending the free-trial period for their [digital subscription](#) from 30 to 90 days to help you get moving during this strange time. The trial subscription will give you access to up to 20 live classes a day plus their full library of on-demand classes. Classes range from cycling to meditation to walking and running.



BOARD GAME TRIVIA

SINCE OUR TRIVIA PUB NIGHT WAS CANCELED AND WE'RE PLAYING BOARD GAMES AT HOME, TRY THIS!

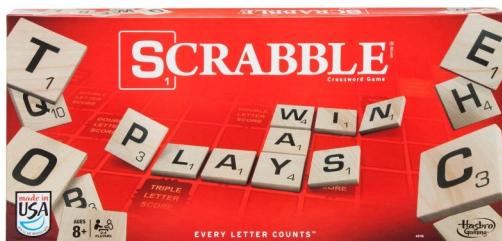
1. To which iconic game do these pieces belong?

- A - Dungeons & Dragons
- B - Hungry Hungry Hippos
- C - Monopoly
- D - Chess



2. Can you name this "game of cunning and logic"?

- A - Connect 4
- B - Mastermind
- C - Uno
- D - Cribbage



3. Only one Scrabble letter is worth five points. Which letter is it?

- A - F
- B - Y
- C - K
- D - A

4. What are Trivial Pursuit game pieces supposed to resemble?

- A - Cheese wheel
- B - Pie
- C - Ship's wheel
- D - Car wheel

5. What was the original name of the classic strategy game Othello?

- A - Verso
- B - Turnover
- C - Reversi
- D - Flip-Flop

6. Every parent with a child over five years old knows this game which features a magical road to a "sweet" surprise?

- A - Candyland
- B - Life
- C - Checkers
- D - Payday



7. It's "The Ultimate Upright Checkers-Dropping Challenge!"

- A - Vertical Checkers
- B - Connect 4
- C - Score 4
- D - Othello

8. In which board game are players stuck at Start until they draw a 1 or a 2 card?

- A - Trouble
- B - Sorry!
- C - Life
- D - Parcheesi

9. What game are you playing if someone declares: "Colonel Mustard in the kitchen with the candlestick!"

- A - Suspicion
- B - Clue
- C - Alibi
- D - Checkers



10. What's the one game in the world that could lead self-respecting adults into positions like this?

- A - Jenga
- B - Pick-Up Sticks
- C - Twister
- D - Chess

11. Which popular word game was carefully designed to prevent players from spelling a specific swear word?

- A - Scrabble
- B - Monopoly
- C - Boggle
- D - Bananagrams

12. Which popular word guessing game was inspired by the classic parlor game Charades?

- A - Cranium
- B - Pictomania
- C - Pictionary
- D - Yahtzee

Answers: 1. Chess 2. Mastermind 3. K 4. Cheese Wheel 5. Reversi 6. Candyland
7. Connect 4 8. Sorry! 9. Clue 10. Twister 11. Boggle 12. Pictionary

On a lighter note...

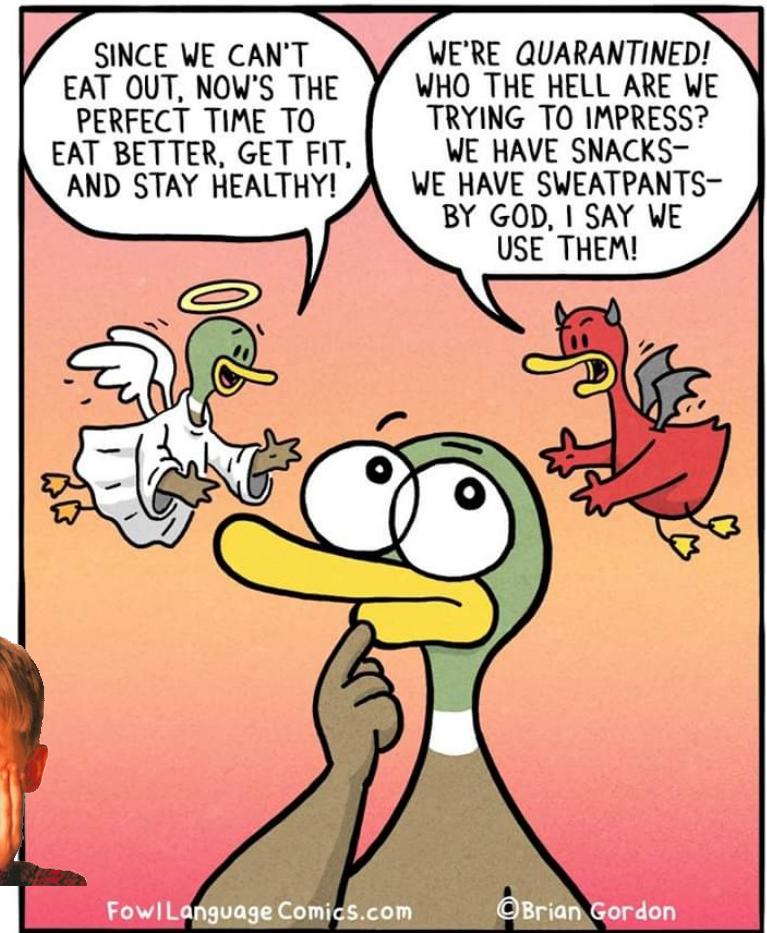
Doggie Fashions for Coronavirus Prevention ...



And, of course, you need to know how to place the mask properly.

Prediction: There will be a minor baby boom in 9 months, and then one day in 2033, we shall witness the rise of THE QUARANTEENS.

THAT MOMENT WHEN YOU'RE WORRIED ABOUT THE ELDERLY AND REALIZE THAT YOU ARE THE ELDERLY. 😂





YOUNG JACK TRADED HIS MOM'S HAND SANITIZER FOR THREE MAGIC BEANS.

